

Technically Speaking

SPRING 2014 ISSUE I

For Students, By Students

DECEMBER / JANUARY

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"Twenty years from now you will be more disappointed by the things that you didn't do than by the ones you did do. So throw off the bowlines. Sail away from the safe harbor. Catch the trade winds in your sails. Explore. Dream. Discover."

-H. Jackson Brown Jr.

Disclaimer:
The opinions expressed in this newsletter are not necessarily those of Forsyth Tech or of the students of Forsyth Tech.



**College Transfer Students
Candice Lemon &
Dayle Mundy**

College Transfer Success

All of the answers you need for college transfer success are at the Student Success Center or online at CFNC.org. Sign-up is free, and they offer a lot of great insight when comparing schools. These are great ways to get you on your way to a four-year university.

"I believe that students should be well-educated enough to be able to take advantage of resources that are available to them," said Irene Silva, Associate in Arts Degree Student.

CFNC allows you to apply for college and Financial Aid even before you know where you're going. You no longer need to remember several passwords for every school you apply to.

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Smoking on Campus

According to the numerous signs posted around campus, Forsyth Tech is a no-smoking campus, in theory. However, there are smoking areas around campus, for example, the smoking tree in front of the Tech Building.

Gary Conner, 43, a Special Education Major from Winston-Salem, believes that smoking should only be allowed in designated areas. "Designated areas might alleviate this problem. Another area might not give the impression that people are just loitering. Maybe a few benches would be a solution. I do know that those cigarette butts are not biodegradable. I



Aubrey Rider-Vega kicks back with other students around the "smoking tree."

think behind the Tech building, instead of in front, would also be a better option!"

(Continued on Page 4)

A Student Experience

By: Zakiyahh Carter

My name is Zakiyyah Carter. I am a seventeen-year-old senior at the Early College of Forsyth.

I applied to Early College because I thought it would prepare me for college and my future career. This has proven to be true, especially in my senior year. At Early College, I am constantly challenged to push myself and work harder. This motivation for success has inspired me in other aspects of my life.

I've been active in several clubs inside and outside of school. Most of my club involvement is centered on volunteering for various organizations, including March of Dimes. I also spend a great deal of time volunteering for my church. My friend and I started a youth mentor-

ing program that I am very passionate about.

My interest in volunteering stems from my experience with Deborah and Jack. Last summer, I volunteered at Novant Health every week. My duties included assisting patient families and filing business papers. Jack and Deborah volunteer full time for the hospital, and it was their responsibility to show me what their job entails.

Even though my interest in medicine was the main reason for my volunteering, Deborah and Jack taught me so much more. Both do the best they can to make sure patients and families are comfortable during their stay. Deborah and Jack show consideration, compassion, and sin-

cerity through their actions without expecting anything in return. They inspire me to never volunteer for others, status, or obligation, but for a sincere passion to help people who are struggling. This type of positive inspiration has encouraged me to become a full-time volunteer when I retire.

Balancing school, extracurricular activities, and a job can be hard. However, each facet inspires me to be better. My ultimate goal is a career in Human Services. After graduating in May, I will transfer to a university to continue my education. My time spent at Early College has motivated me to be a determined and goal-oriented student.

Student Biography

By: Kimberly Campbell

My name is Kimberly Marie Cucuzza-Campbell. I am currently 42 years old, and I was born in the small town of Bradford, Pennsylvania, on July 28, 1970, to my parents Mary Kay and Daniel Cucuzza. However, my father was in the Navy at the time, so I grew up in the beautiful military town of Virginia Beach, Virginia.

During my high school years, I was a member of the FBLA, the year-book staff, and wrote articles for the school newspaper. I also played clarinet in the marching/concert band. While in college, I met a wonderful, handsome man named Dwayne Campbell and have now been happily married to him for 21

years. We have been blessed with three amazing children that we are so very proud of: Chelsea, Joshua, and Brandon. We have three high-energy, hilarious dogs - Jack, Maggie, and Roxy - whom we love very much; they all keep my husband and me very busy and definitely on our toes.

We moved to North Carolina for my husband's job and have been in the Rural Hall area for 16 years. We absolutely love it here and wouldn't change a thing. I am currently attending Forsyth Technical Community College to obtain an Associate's degree in psychology, and I am very proud to say that I have been on the Dean's List and

the President's List. Additionally, I have been the co-president of The Philosophical Society and a member of Phi Theta Kappa. I have also enjoyed volunteering with the Shugart Women's Center here on campus.

Upon graduating from Forsyth Technical Community College, I am planning to transfer to UNCG where I want to attain my bachelor's degree in psychology. After those goals are achieved, God willing, I want to go on to a law school and graduate with a law degree and practice family law or possibly work for the District Attorney's office serving the community and the great state of North Carolina.

College Transfer Success

By: Kristen Gaddy, De'Aentay Shanon, Natalie Smith

(Continued from Page 1)

Instructor at Forsyth Tech.

Another great tool for student success is a course required of all College Transfer Students: ACA 122.

“ACA 122 provides a toolbox for students that they can use to be successful in their classes at Forsyth Tech, on the job, or when they transfer to a four-year university,” said Traci Rutledge, Physical Sciences Program Coordinator and an ACA

“My thoughts on student resources are that the more information students have at their disposal to use to find ways to apply for free and things like that, the better. Having readily available, easy-to-access information is always a nice thing to have when you are a student since your mind is already everywhere,” says Greg Mabe, Associates in Arts and Sciences Degree major at FT.

When you need help navigating a college web page or just want to make sure you have everything checked off, go by the Student Success Center on the first floor of Allman. This is a great place to get one-on-one help in person right here on campus.



From the Desk of the Editor

Greetings, Forsyth Tech! I hope you all had a fantastic holiday break! Here we are in yet another new semester. To those of you who are returning, welcome back! If this is your first semester here, hello! My name is Nicholas Collins, and I am the editor of *Technically Speaking*.

Christmas has passed and the new year is here; now it is time for us to take a deep breath and prepare ourselves for the months ahead. If you haven't completed your holiday shopping by purchasing your textbooks, I'd recommend doing it soon. They sell out fast!

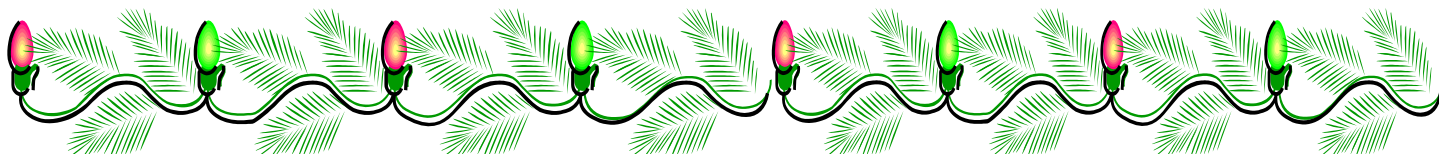
Technically Speaking is a newspaper made by students, for students, which means we need you guys to help us out. If you like to write, draw, paint, interview, or take photos, we have a place for you.

If you have any interest in writing for *Technically Speaking*, please contact us at technicallyspeaking@forsythtech.edu.



Nicholas Collins
Technically Speaking Editor

Nick



Walk of the Immigrants

By: Bradley Krae

Starting in Ecuador, Saul Flores began a journey to America in May 2010. Flores traveled through many rough terrains and mental obstacles along the way, collectively over 5,000 miles. His walk was to promote the importance of education around the world and also to raise money for General Emiliano Zapata, a poverty stricken school in Flores' hometown in Atencingo, Mexico.

Flores wanted to make the same walk that many immigrants make every day to show America what some immigrants have to endure to get here. The journey Flores embarked on was filled with adventures such as hopping trains, canoeing five days from village to village with a stranger, and even suffering from paralysis on the left side of his body from a poisonous frog. "Not

only did I want to promote education from this trip, but also I wanted to create empathy and a bridge through the people for immigrants," said Flores.

The reality of the journey began to sink in once Flores arrived in Columbia. At this point he realized it was more than just a walk. His energies and motivation were now combined with fears and complicating barriers. This was the point where Flores had to take a canoe with a stranger due to complications with crossing through Columbia at the time. This was not a means to end the trip for Flores, though, just a stepping-stone as he put it. Sleeping on park benches, having nowhere to shower, and having his clothes ripping at the seams are things that Flores will never forget.

"I think it's wonderful what he did. Everybody should know the struggles that immigrants have to go through just to get somewhere with better opportunities. This country can be really difficult when it comes to foreigners, especially when they have no proper documentation," said FT student Diego Vasquez, 21, English major from Winston-Salem.

Not long after Flores returned to his hometown, the money was raised for the school. Selling photographs from the trip, along with donations and support from non-profit organizations, helped fulfill Flores' dream and opened up a new window of education for young children in Atencingo.

Smoking on Campus

By: Roderick Robertson

(Continued from Page 1)

"It's nice that there is an area and people don't have to stand out in the road. We've got to be respectful!" says John Jennings, 19, Psychology Major.

Many people also smoke in front of

the Allman Center and Hauser Hall near the Gazebo and the bus stop.

Campus Police are aware that students continue to smoke despite the rule. "The administration determines how it is enforced, and currently there are no consequences," said Forsyth Tech Police Officer Lt. Victor

Watts.

"Administration is in the process of addressing the smoking issues on campus," said Conduct Officer Tony McKinnon.

Meanwhile, students exercise the option to smoke out by the tree.

Get Involved with Forsyth Tech's QEP!

As you wander around campus, you probably see signs regarding Forsyth Tech's QEP. What is a QEP anyway? QEP stands for Quality Enhancement Plan, a program designed to improve an aspect of education; Forsyth Tech has chosen Information Literacy as our QEP. Watch for upcoming seminars throughout the year to learn more!



The Orb

By: Hannah Chandler



The cool fall wind kissed Shannon's face and rustled the leaves in the trees above her head. Shannon opened the trunk of her car and heaved a box full of her clothes over her shoulder.

"Good morning," said a female voice. Shannon jumped out of her skin and screamed, dropping the box on her foot.

"Hi," Shannon said as she jumped a half-turn while holding her foot and sat on the edge of the car's bumper.

"I'm sorry," the woman said, "I wanted to introduce myself and welcome you to the neighborhood. My name is Jinx."

"I'm Shannon." As she shook Jinx's hand, she examined the middle-aged woman. Her handshake was firm, and despite an eccentric appearance, Jinx seemed nice. "I'm pretty sure my toe will live despite my best efforts to kill it."
"I'm glad you're alright. I was wondering if you would like to attend

our biannual yard sale tomorrow." Seeing the reluctance in Shannon's eyes, Jinx quickly added, "There's no obligation to buy anything; just come meet the folks. We'll be at Mrs. Withers' house across the street." Jinx pointed out the oldest, and possibly prettiest, house on the block. The Victorian structure sat behind a well-tended rose garden. "Mrs. Withers has lived in that house for over fifty years, and now she's finally moving on."

"I don't know. I have a lot of unpacking to do, but I'll see if I can make it."

"Okay, just think about it. I hope you can make it to the yard sale!" Jinx turned around and walked back down the driveway.

As Shannon ascended the front walkway, she heard Jinx call her name. "Yes?"

"Excuse my curiosity, but what's your sign?"

"My sign!? Oh, Capricorn. Why do you ask?"

"Just curious. See you tomorrow." Shannon watched as Jinx's golden caftan pulled the leaves with her down the street in a raking motion that reminded Shannon of Darth Vader's cape.

The next day, golden rays of sun streamed through the window and warmed Shannon as she attempted

to decipher and rebuild a section of computer code. Outside the open window, she could see the yard sale across the street. People were laughing and talking to each other and Shannon found it hard to concentrate on the code on the screen in front of her. Exasperated, she gave up, stretched, and reached for her leather biker jacket. *I guess I should introduce myself. What's the worst that could happen? If Jinx is any indication, they might all be nice.*

Over an hour later, Shannon had met the entire neighborhood. The primary occupants were middle-aged and older. Shannon eventually started browsing the tables when a small object set in a wooden box caught her eye: a small orb made of some kind of black milky stone.

"The box comes with the orb, in case you were wondering." Shannon turned to see an old woman with a walker walking towards her.

"Mrs. Withers, I was just looking," Shannon replaced the orb.

"No, no take it. I'm downsizing after fifty years of living in this house, and I can't take everything with me."

"Thank you. What's it made of?"

"The stone is black onyx. Please take it, and may it bring the same good luck to you it brought to me." Mrs. Withers walked away slowly. Shannon held the box closer to her chest like a life preserver and hustled across the street.

(To Be Continued)

Hispanic Student Association

Our Mission

The Hispanic Student Association strives to promote higher education within the Hispanic student body, as well as provide an open atmosphere in which Hispanic students and students from all cultures can interact with one another.

“Día de los Muertos” Bake Sale Update

The Hispanic Student Association held its first fundraiser on November 1, 2013. The event was held in honor of *Día de los Muertos* (Day of the Dead). During the event H.S.A. members sold Hispanic desserts, face painted, and played music throughout the event.

The President of the H.S.A., Melissa Saavedra, stated that “the event was a great success, and we hope it helped to shine a light on some of the unique customs and traditions present within the Latin American community.” Stephanie Cruz, Vice-President of the H.S.A., also mentioned that “*Día de los Muertos* is meant to celebrate the lives of our loved ones who have passed on.”

The H.S.A. is already planning future fundraising events with a focus on providing cultural learning experiences for the students of Forsyth Tech. The H.S.A. leadership would like to thank everyone who participated and purchased items to support the club’s fundraising efforts!



By: Melissa Saavedra
H.S.A. President

Nuestra Misión

La Asociación de Estudiantes Hispanos se esfuerza por promover la educación superior en el cuerpo de estudiantes hispanos, así como proporcionar un ambiente abierto en el que los estudiantes hispanos y estudiantes de todas culturas puedan interactuar unos a otros.



HSA Officers

President: Melissa Saavedra

Vice-President: Stephanie Cruz

Secretary: María Saguilan

Treasurer: Diana Guzman

Public Relations Officer:
Kimberly Gonzalez

Parliamentarian:
Alfonso Aguilar



Mexican Enchilada Recipe

Ingredients

- 1 16 ounce jar Pace® Salsa Verde
- 1 1/2 cups shredded cooked chicken
- 1/2 cup sour cream
- 6 ounces shredded Cheddar Jack cheese (about 1 1/2 cups)
- 8 corn tortillas OR flour tortillas (6-inch), warmed

Directions:

1. Heat the oven to 375 degrees F. Spread 1/2 cup salsa verde in a 2-quart shallow baking dish.
2. Stir 1/4 cup salsa verde, chicken, sour cream and 1/2 cup cheese in a medium bowl. Spoon about 3 tablespoons of the chicken mixture down the center of each tortilla. Roll up and place seam-side down in the baking dish. Top with the remaining salsa verde.
3. Bake for 15 minutes. Top with the remaining cheese and bake for 5 minutes or until the cheese is melted.

Things To Do in December

By: Melissa Saavedra

December is a festive month filled with music, crafts, and activities. Here is a list of some community events you don't want to miss!

Holiday Art in the Village- Fine art exhibit and holiday sale. Shopping hours are November 16-December 23 Monday-Friday 10a.m.-6p.m., Saturday 10a.m.-4p.m., and Sunday 12-4p.m. 113 Reynolda Village, Winston-Salem, NC.

Handmade Holidays Workshop- Starting December 1st, every first Sunday for elementary school-aged children. \$8 - \$10 per person; art materials provided. Registration required. Call 336.758.5599.

Exploring the Civil War- Exhibit at the new Winston Museum is free through December. Open Noon-5pm, Monday-Friday, and 10a.m.-2p.m. on Saturday.

40th Anniversary Craftsmen's Christmas Classic Arts & Crafts Festival. Friday 9a.m.-6p.m., Saturday 10a.m.-6p.m., Sunday 11a.m.-5p.m.. Tickets must be purchased.

Tanglewood Festival of Lights Began on November 23th and ends on January 1st. Tanglewood is transformed into a winter wonderland every night. \$10 per car Monday-Thursday. \$15 per car Friday-Sunday. Show is from 6p.m.-11p.m.

For more information on what is going on in the community, don't forget to access The City of Winston-Salem's website and other local events websites such as Smitty's Notes.



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Have Your Voice Heard!

Are you interested in contributing to *Technically Speaking*?

Do you have a suggestion or an idea that might improve

Technically Speaking?

Or would you just like to get involved with the Journalism Club?

Contact us at technicallyspeaking@forsythtech.edu

JANUARY 2014

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
29	30	31	1	2	3 Student Leadership Team Retreat 8:30a.m.-3p.m.	4
5	6	7 First Day of Spring Semester Classes	8 Rousseau Minority Male Mentoring Program Noon-1:15 p.m.	9	10	11
12	13 Clubs Council Meeting TEC 130 3p.m.	14 SGA Meeting TEC 130 3p.m. Journalism Club Meeting TEC 123 2p.m.	15 Student Veterans Association Meeting 3-5p.m.	16	17 Rousseau Minority Male Mentoring Program Clothing Distribution ALL 114- Appt. Only	18
19	20 Martin Luther King Jr. Holiday College Closed/No Classes	21	22	23	24 Dr. Martin Luther King Jr. Tribute Main Campus 6p.m.	25
26	27	28 Intramural Basketball Organizational Meeting WC Gym 3p.m. Journalism Club Meeting TEC 123 2p.m.	29 Philosophical Society Meeting TEC 542 2-4p.m.	30	31 Dr. Martin Luther King Jr. Tribute Inclement Weather Date	